



Empowering Vermonters to age with dignity, independence, and quality of life

Mindful Moments Memory Café

Caring for Someone You Love with Memory Loss?

You don't have to navigate it alone

Fall Activities



SOLOMON
WRIGHT
PUBLIC
LIBRARY

Date Change-
now happening
September 14th

September

Build Your Own Art Project

October

Halloween Bingo

November

“Thankful For” Activity

Memory Cafés are a welcoming, social gathering for people living with memory loss and their caregivers to connect, relax, and enjoy time together.



Pownal Café is held the 2nd Wednesday of each month.

Location: Solomon Wright Public Library, 97 Main St Pownal

Time: 10:30 am - 11:30 am

Get Support Today

☎ Call: 1-800-642-5119

🌐 Visit: svcoa.org

📍 Programs offered throughout Rutland & Bennington Counties



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September

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“Thankful For” Activity

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Rutland Café is held every third

Tuesday of the month

Location: The Maples,
Dayroom, 5 General Wing
Road, Rutland

Time: 10:30 am - 12:00 pm

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Bennington
Project
Independence
Adult Day Service

September

Build Your Own Art Project

October

Halloween Bingo

November

“Thankful For” Activity

Memory Cafés are a welcoming, social gathering for people living with memory loss and their caregivers to connect, relax, and enjoy time together.



Bennington Café is held every
last Tuesday of the month

Location: 614 Harwood Hill
Road, Bennington

Time: 10:00 am - 11:00 am

Get Support Today

Call: 1-800-642-5119

 Visit: svcoa.org

 Programs offered throughout
Rutland & Bennington Counties